

Workplace bullying tops the list of all staff complaints costing an estimated annual tax burden of over £1,000 per working person.

**Come to your senses
7th November Ban Bullying at Work Day**



www.banbullyingatwork.com

Ban bullying at work day is coming closer

Statistics provided by the TUC indicates that nobody is immune from workplace bullies, and the findings are not happy for the business community – or the public sector. But bullying in the workplace is a silent disease affecting millions of people throughout the UK and massively impacting on productivity. It is generally agreed that reported bullying is but the tip of the proverbial iceberg as most people prefer to leave a job quietly and not face the risk to their future job prospects by becoming a statistic.

The effects of workplace bullying are estimated to be responsible for between one third to a half of all stress-related illnesses and the resultant loss of working days to UK plc is estimated as being worth somewhere between £20/30 billion every year, which is equivalent to an annual tax burden of over £1,000 per working person. It has surely become too costly to ignore any longer.

Recognition and awareness of bullying at work is essential if it is to be legitimately challenged. As the UK's leading authority on workplace bullying, The Andrea Adams Trust is committed not only to helping both organisations and individuals deal with this insidious behaviour, but also to raise awareness of the issue by running an annual national campaign culminating on the 7th November as Ban Bullying at Work Day. Now in its fifth year the campaign expects over 4 million participants and is endorsed by the Government and TUC.

Lyn Witheridge Chief Executive and founder of the charity said 'Ninety-three percent of all personnel practitioners say bullying is occurring within their own organisations, which is why we alert all organisation heads to get involved now in the campaign and use the day to encourage open debate within their workplaces, so that everyone is given the courage to speak out in a safe environment and break the silence of fear'. Everyone is invited to participate. What could be simpler?

For further information contact CSPR on 0208 876 9447 / 07702 271115